

STAY

Tucked within 250 acres of forested terrain, Tama Hills is a sanctuary for Kanto plain residents and visitors.

Those inclined to creature comforts can book a stay in the Lodge or reserve one of 11 cozy cabins. Looking to take on the great outdoors? Stay in a yurt or pitch a tent at one of our dedicated campsites.

TAMA LODGE

Standard Room	$70
Queen Room	$80
King Deluxe	$100
Tama Suite	$110

COTTAGE

Sakura Cottage	$150

CABIN

Standard Cabin	$110
Special Standard Cabin	$125
Deluxe Cabin	$150
Red Horse Lodge	$250
Per Pet/Per Night	$10

YURT

Per Night (Up to 12p)	$50

CAMPSITES

Per Person/Per Night*	$10

*An additional $5 per person, per night for ages 6 & older.

PICNIC AREA

Per Day	$25

TAMA HILLS RECREATION AREA

DSN: 227-5230 JP: 042-377-7009

Yokota374FSS.com/Tama

RESERVATION DESK

Reservations:
Mon ▪ 12 A.M.–5 P.M.
Tue ▪ Closed
Wed ▪ 8 A.M.–12 A.M.
Thu–Sun ▪ 24 Hours
Check In ▪ 3 P.M.
Check Out ▪ 11 A.M.
To reserve, email
tamahillsjapan.guests@gmail.com

KIJI DINING ROOM

Breakfast
Mon, Thu, Fri ▪ 8–11 A.M.
Tue & Wed ▪ Closed
Sat & Sun ▪ 7–11 A.M.

Lunch
Wed–Mon ▪ 11-2 P.M.
Tue ▪ Closed

Dinner
Sun, Wed, Thu ▪ 4–8 P.M.
Mon & Tue ▪ Closed
Fri & Sat ▪ 4–8 P.M.

HILLCREST LOUNGE

Mon & Tue ▪ Closed
Wed–Sun ▪ 1–9 P.M.

COUNTRY STORE

Mon ▪ 10 A.M.–2 P.M.
Tue ▪ Closed
Wed & Thu ▪ 10 A.M.–6 P.M.
Fri ▪ 10 A.M.–8 P.M.
Sat & Sun ▪ 8 A.M.–8 P.M.

TAMA OUTDOOR RECREATION

Mar–Oct
Sun ▪ 8 A.M.–6 P.M.
Mon ▪ 8 A.M.–2 P.M.
Tue ▪ Closed
Wed & Thu ▪ 8 A.M.–5 P.M.
Fri & Sat ▪ 8 A.M.–7 P.M.

Nov–Feb
Mon ▪ 8 A.M.–2 P.M.
Tue ▪ Closed
Wed–Sun ▪ 8 A.M.–5 P.M.
To reserve, please call
DSN 227-5248 / Comm 080-3465-0745

YOKOTA AB FORCE SUPPORT SQUADRON

Yokota374FSS.com

Discover TAMA HILLS

RECREATION AREA & GOLF COURSE

Tama Hills Golf & Resort

TOKYO, JAPAN

PLAY

Hike, bike or run through our many trails; host a game at one of our sports fields; battle friends in disc golf; or enjoy activities unique to Tama like horseback riding, archery and mini golf.

HORSEBACK RIDING

Trail Ride*
45 Minutes $40

Adult Riding Lesson*
45 Minutes $50

Kid's Riding Lesson*
30 Minutes $30

Pony Ride $7

Adult Corral Ride $12

ELECTRIC MOUNTAIN & BUNCH BIKES

Bunch bikes come with a cart to carry kids/pets.

1 Hour $5

1 Day $15

MINI GOLF

Ages 12 & Up $2

Ages 11 & Under $1.50

ARCHERY

1Hour $5

Includes: One Bow & Six Arrows

PICKLEBALL

Courts/1 Hour $5

Includes: Paddles & Balls

PAINTBALL BATTLE ZONE*

Group Package $300
(up to 10 participants)
Includes: Entry, Mask, Air, Markers, Eye Goggles, & 4,000 paintballs

***RESERVATIONS REQUIRED**

Please call Tama ODR for more details
227-5248 comm 080-3465-0745



PAINTBALL BATTLEZONE*

Group Package **$300**
(up to 10 participants)
Includes: Entry, Mask, Air, Markers, Eye Goggles, & 4,000 paintballs



PAINTBALL TARGET PRACTICE*

$25 (Groups of 1-5 persons) – includes: Mask, Air Markers, Eye Protection, and 500 paintballs
(i.e. 1 person = 500 balls, 2 persons = 250...etc)
$18 for an additional 500 paintballs
*** Family Friendly**



ELECTRIC MOUNTAIN & BUNCH BIKES

Bunch bikes come with a cart to carry kids/pets.

1 Hour **$5**
1 Day **$15**



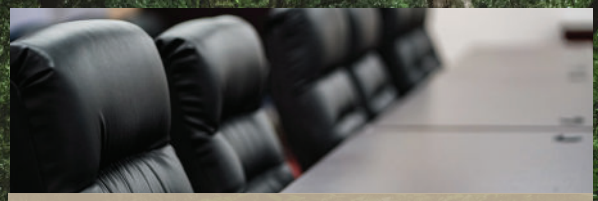
PICKLEBALL

Courts/1 Hour **$5**
Includes: Paddles & Balls



MEGA CHESS

We've got two mega chess sets that are waiting for you. Located at both Picnic Area A (near ODR) and Tama Lodge Patio (near Kiji Dining Room).



HOST YOUR NEXT EVENT AT TAMA HILLS

CONFERENCE SERVICES

Per Day **$50**
Includes use of Tama Lodge to conference/ classroom and audio-visual equipment.



APEX EVENT CENTER

First Day **$100**
Each Additional Day **$50**



3D ARCHERY

1 Hour **$10**
Call ODR for more details.

*Unreturned/broken arrows—$5 per arrow



RENTAL CARTS

2 Person Cart : $15 per day / $20 overnight

4 Person Cart: $20 per day / $25 overnight

6 Person Cart: $25 per day / $30 overnight