

OUTDOOR RECREATION

WHAT YOU'LL NEED TO HIKE MT. FUJI

- Hiking Boots with a Thick Sole
- Day Pack
- Lightweight Rain Gear & Jacket
- Gators
- Trekking Poles
- Long Sleeved Shirt
- Extra Socks
- Hat w/Visor
- Small Towel
- Utility Gloves
- Water Bottle or Hydration System
- 1 Liters of Water
- Light Meal
(Sandwiches/Noodles/Snacks)
- Aspirin
- Blister Kit w/Moleskin
- Yen
- First Aid Kit
- Sunglasses
- Sunblock
- Plastic Bags
(For Trash & to Keep Things Dry)
- Small Roll of Toilet Paper
- Oxygen Can
- Wet Tissue
- Cotton Surgical Mask
- Watch & Cell Phone