



# AUG 2025

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EMAIL NEWSLETTER

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A graphic for an email newsletter sign-up. It features a QR code on the left and a blue envelope icon with a white flame symbol on the right. The text is in white and blue on a dark blue background.

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Submissions are welcome. All submissions are subject to editing before printing. All articles, artwork, and photographs become the property of the 374th Force Support Squadron Marketing & Publicity Department.

**HORIZONS** is published for United States Military and Department of Defense personnel and their family members living in or assigned to the Kanto Plain (Japan) region and Japanese Nationals and their families assigned to Yokota Air Base, Japan. Horizons is the official magazine of the 374th Force Support Squadron, Yokota Air Base, Japan. Opinions expressed in Horizons do not necessarily represent those of the 374th Airlift Wing or the United States Air Force. No Federal endorsement of advertisers or sponsors is intended. All facility programs, event hours, and dates are subject to change.

## EDITOR'S NOTE

The month of August has a special place in my heart. It's the last month of summer, and the excitement of school starting is back. The sweet taste of s'mores around a firepit, cooler nights, and the final stretch of sun-soaked memories all make this time of year feel a little nostalgic and magical. There are many things to love about the eighth month of the year.

In this month's issue, we're celebrating the season's final moments with events that bring everyone together. The Sakana Pool is going out with a bang during the End of Summer Pool Bash; page 9 has all the details, including music, and diving contests! Just before we swap swimsuits for school bags, don't miss the Kids' Club: End of Summer Block Party at the Officers' Club on page 8. You'll find games, food, prizes, and a live DJ to keep the good vibes going.

Last but definitely not least, we have something fun in store for you! Student's, it is time to get back in the school spirit! There are cutouts throughout the magazine and on pages 18 to 20, you'll find trivia, word puzzles, coloring pages, cut-outs, and even some cursive practice! It's packed with fun for all ages, and a perfect way to ease into the rhythm of a new school year, and get your creativity flowing again.

Thanks for letting me share these moments with you each month. I hope you enjoy this issue as much as I enjoyed putting it together!

Melanie Cruz

Writer-Editor



**374 FSS**

## Advertise With Us

横田基地内で広告・PRをしませんか?

**SPONSORSHIP**

Expose your business to over 12,000 customers at Yokota Air Base.

**ADVERTISING**

Place your ad in our monthly magazine.

 [Yokota374FSS.com](http://Yokota374FSS.com)  [/YokotaSponsorship](https://www.facebook.com/YokotaSponsorship)

- Raising two kids
- Buying a home
- Finish my degree
- Start my own company

Succeed Again.



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Attend a webinar to see how UMGCCan help you succeed again!  
Register at [asia.umgc.edu/webinars](https://asia.umgc.edu/webinars).



**UNIVERSITY OF MARYLAND  
GLOBAL CAMPUS | ASIA**

August Margarita of the Month

# Grand Peach 'RITA

Indulge in our decadent Grand Peach margarita, bursting with ripe peach juiciness; a tantalizing blend of refreshing citrus zest and blanco tequila.



ONLY  
\$6



Legal drinking age in Japan is 20 years old. Please enjoy responsibly!

## OPERATION STAND-UP FOR SERVICE

BYRON  
KENNEDY



CHINGO BLING



PATRICK DEGUIRE



JANELLE DRAPER



**AFE**  
BRINGS THE  
LAUGHS  
IT'S A CONVOY  
OF NON-STOP  
LAUGHTER



YOKOTA AB



# COMEDY SHOW

SAT • 23 AUG

Doors: 6 p.m.

Show: 7 p.m.

Officers' Club

Free • Ages 18 & Up

# OFFICERS' & ENLISTED CLUBS

## ALL WELCOME

## MEMBERS ONLY

### OFFICERS' CLUB

225-8526 • Bldg. 31

#### DINING

#### LIVE BAND KARAOKE NIGHT

Fri • 1 Aug • 7–10 p.m.

Officers' Club Ballroom

Free • Ages 18 & Up

*\*Food and Beverages available for purchase.*

#### KIDS \$2 MEAL NIGHT

Tue • 12, 19, 26 Aug • 5–7 p.m.

Chico's Chop House

#### RETIRES CLUB MEMBERSHIP

#### APPRECIATION DAY

Fri • 29 Aug • 11 a.m.–1:30 p.m.

Chico's Chop House

Retirees receive a 50% discount on their meal. Must show Retiree ID and AF Club Card.

#### SEAFOOD NIGHT

Wed • 13 Aug • 5–9 p.m.

Chico's Chop House

Reservations recommended

Select from a menu of your seafood favorites like clam chowder, snow crab, and more!

*\*Show proof of membership to receive 15% off!*

#### BUTCHER'S CHOICE

Wed • 20 Aug • 5–9 p.m.

Chico's Chop House

Prices range from: \$7–\$29

Reservations recommended

Featuring a choice of lobster, seafood, pork chops, and steaks. Includes a salad bar and a buffet of delicious sides and assorted desserts that are free for members and \$5 for nonmembers, with a \$10 minimum purchase.

*\*Show proof of membership to receive 15% off!*

#### ADULTS ONLY

#### WEEKLY EVENTS

Thursdays: Trivia • 6–8:30 p.m.

Saturdays: Karaoke Night • 5–10 p.m.

### ENLISTED CLUB

227-8820 • Bldg. 2066

#### DINING

#### SUNDAY BREAKFAST

Sun • 3, 10, 24, 31 Aug • 8 a.m.–1:30 p.m.

Charlie T's

\$13.75 • Ages 13 & Up

\$6.75 • Ages 6–12

Free • Ages 5 & Under

#### BACK TO SCHOOL BRUNCH

Sun • 17 Aug • 10 a.m.–2 p.m.

Ohsawa Ballroom

\$28.95 • Ages 13 & Up

\$12.75 • Ages 5–12

Free • Ages 4 & Under

Enjoy a delicious buffet with breakfast favorites, meat carving stations, mimosas, a variety of sides and more!

*\*Show proof of membership to receive 15% off!*

#### ADULTS ONLY

#### WEEKLY EVENTS

Mondays: Table Top Game Night • 6–10 p.m.

Wednesdays: Wingman Wednesday & Trivia • 6–9 p.m.

Thursdays: Texas Hold 'Em • 6–10 p.m.

Fridays: Karaoke • 6–10 p.m.



### ALL RANKS

*All events listed below may only be attended by enlisted and officer club members.*

#### KIDS EAT FREE

Tue • 5 Aug • 5–7 p.m.

Chico's Chop House

*\*With purchase of an adult entrée*

#### STATE ADMISSION DAY

Wed • 6 Aug • 5–9 p.m.

Chico's Chop House

Missouri, Colorado and Hawaii

Show your driver's license along with your AF Club Card to our cashier and your Wednesday dinner special is free!

*\*Up to \$10 value only*

#### RETIREE APPRECIATION DAY

Fri • 29 Aug • 5–9 p.m.

Chico's Chop House, Charlie T's

Must show Retiree ID along with valid AF Club Card to our cashier and receive a 50% discount with the purchase of a breakfast or lunch entrée.

### ENLISTED CLUB

*All events listed below may only be attended by enlisted personnel and their families.*

#### FREE PIZZA NIGHT

Thu • 7 Aug • 5–7 p.m. • Spectrum Lounge

Adults Only

#### FRIDAY SOCIAL HOUR

Fridays • 4:30–6:30 p.m. • Shogun Lounge

Adults Only

### OFFICERS' CLUB

*All events listed below may only be attended by officer personnel and their families.*

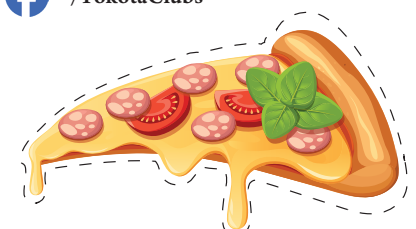
#### FRIDAY SOCIAL HOUR

Fridays • 5–7 p.m. • Samurai Lounge

#### LAST FRIDAY SOCIAL HOUR

Fri • 29 Aug • 5–7 p.m. • Samurai Lounge

 /YokotaClubs





**BACK TO SCHOOL**

**Brunch**

**Sun - 17 Aug - 10 a.m.-2 p.m.**

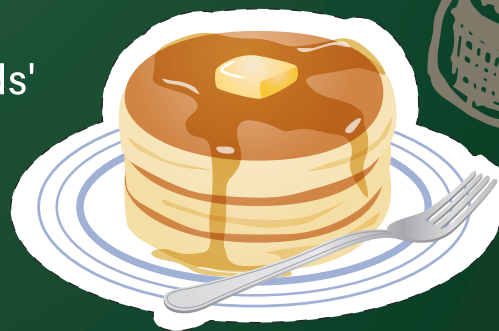
**Enlisted Club Ohsawa Ballroom**

**\$28.95 - Ages 13 & Up**

**\$12.75 - Ages 5-12**

**Free - Ages 4 & Under**

Enjoy a delicious buffet with a kids' station, breakfast favorites, and a chance to win a backpack with school supplies!





# END OF SUMMER BLOCK PARTY



Sat • 9 Aug • 4–7 p.m.  
Officers' Club Lawn  
Free • All Ages



No Federal endorsement  
of sponsor intended.

Join us behind the Officers' Club for an evening  
of family games, delicious food available for  
purchase, prizes, a live DJ, and so much more!



## BANZAI BURRITO NIGHT

SAT • 13 SEP • 5–8 P.M.  
OFFICERS' CLUB • ALL AGES

Banzai Burrito Night is back! Enjoy the simple  
pleasure of a great burrito, along with all of your  
favorites! The menu will feature dishes like our  
delicious Taco Salad, Shrimp Taco, Banzai Burrito,  
Carne Asada Fries, and so much more!





# *End of Summer Pool Bash*

*Sat • 30 Aug  
12-5 p.m.*



**SAKANA POOL • FREE • ALL AGES**

Join us at our last event of the season! Help us close out the Sakana Pool with a splash! Enjoy music, diving contests and races!



YOKOTA  
**SKATE  
JAM**

**FLIPPIN' INTO FALL**

Sat • 13 Sep  
11 a.m.–5 p.m.  
East Skate Park  
All Ages



No Federal endorsement of sponsors intended.



# Farmers Market

**13 Sep**  
9 a.m.–2 p.m.  
Bldg. 316 Parking Lot



# Quilting FOR Beginners

Your first lesson is  
**FULLY**  
supplied  
just bring your  
sewing machine!

**A Six-Week Course with Sarah Schneider**  
**Wednesdays • 3 Sep–8 Oct • 10 a.m.–12 p.m.**  
**Arts & Crafts Center • \$180**

Ready to turn fabric and thread into cozy creations?  
Join our course and let your creativity shine!  
You'll learn to select fabrics, read patterns, and master essential quilting techniques!  
Ranging from cutting and piecing to quilting and binding, you will learn all the essential skills to complete your very own quilt. You'll experience expert guidance in a fun, supportive environment. Spaces are limited, so sign up at the Arts and Crafts Center today. Let's get stitching!



# PET CARE CENTER

Improving your furry friend's life, one stay at a time.

## *Come 'Buy!*

Customizable Pet Name Tags with our very own Yokota original designs!



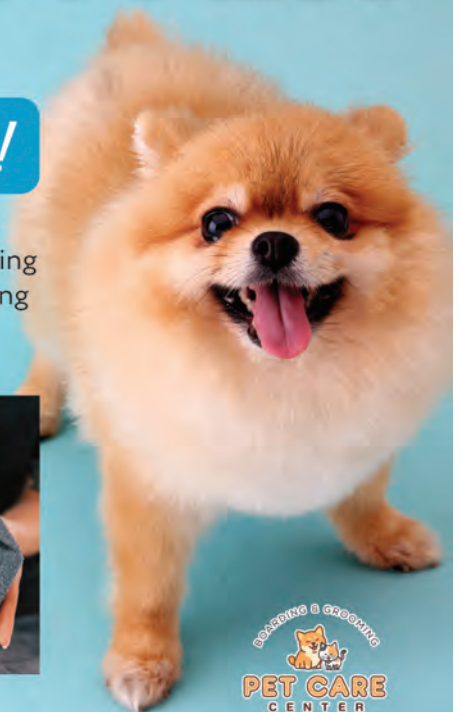
## *New Fun Feature!*

Coming soon, our microbubble bath will be offered for all bathing and grooming services, improving your pet's skin conditions!



## *Donations Needed!*

Please consider donating towels and blankets to our Pet Care Center! Specifically, bath towels are greatly appreciated.



WHAT'S COOKING? PRESENTS

2025 VIRTUAL

# Cooking Class

BY LUCA MANFE

WINNER OF MASTER CHEF SEASON FOUR



Be a part of this fun and innovative program, educating the Air & Space Force Communities on Master Chef dishes, kitchen skills and plating! Learn new culinary skills and connect with other military communities across these 12 virtual master classes.

*\*Classes will take place via Zoom.*

Scan the QR Code to find the guide and sign-up information!



# YOKOTA CAN DANCE!!

Check out some of the Community Center's Classes!



## HAWAIIAN HULA

Whether you're passionate about Hawaiian Culture or just wanting to learn something new, this course is a great way to add traditional dance to your exercise routine. Ms. Sudo will guide you through hula basics, dance posture, and more. Come join us for lots of fun and dancing!

## K-POP

Our dance lessons are open to all ages and skill levels, from beginners to skilled dancers. Ms. Sato is an experienced instructor who fosters a positive, supportive environment. Build your confidence, sharpen your skills, and shine with the Yokota Dance Angels!



## KAYOKO'S SCHOOL OF BALLET

We offer ballet lessons for all ages, with levels and styles to support every dancer's growth. Ms. Hara, a dedicated instructor, teaches our certified curriculum with passion and care. From learning the basics to refining technique, this is your moment to shine on stage and beyond!



## TANABATA

Embrace tradition and learn the art of Japanese folk dance with Ms. Hiruma, our certified instructor. This class offers a rich cultural experience filled with movement and meaning. Discover the beauty of the Tanabata Dance and enjoy a magical journey through one of Japan's cherished traditions.



For details or enrollment, please contact the Taiyo front desk at 225-6955, or visit us at building 3260, on the West side of Yokota AB, across from the Wakamoto School Age facility.

### OUR CUSTOMER SERVICE HOURS ARE:

MON-FRI • 10 a.m.–8 p.m.  
SAT • 9 a.m.–7 p.m.  
SUN/HOL • Closed



# SPORTS & RECREATION



## TAMA HILLS GOLF & RESORT

Reservations/Lodging • 227-5230  
Recreation • 227-5248



### *Tama History Scavenger Hunt:*

Free • All Ages

Challenge your family and friends as you explore Tama on this scavenger hunt using your mobile device. Check-in at Outdoor Rec or the Lodge Reception for the QR-code. Scan, download the app, and you're on your way to becoming a Tama history buff! Adult supervision recommended for smaller kids. Wear comfortable walking shoes and dress for the weather! You can also rent a golf cart or use your own vehicle.

SPORTS & RECREATION

### *Paintball Battle Zone*

2 Hour Group Package:

\$300 (Max: 10 participants)

Includes: Field Usage, Equipment/Gear & 4,000 Paintballs.

*\*Reservations required, call Tama Hills Outdoor Rec. at 227-5248.*



### *Tama Horse Stables*

Wed-Sun

\$40 Trail Ride

\$50 Riding Lessons

\$7 Pony Ride

Climb into the saddle at Tama Hills! Enjoy a relaxing trail ride or improve your riding skills with a lesson. Pony rides are also available for younger children. Please call Tama Outdoor Recreation for more details.

FSS TRAVEL

## TEA EXPERIENCE AT SAYAMA GREEN TEA SCHOOL

SAT • 6 SEP



Tea is considered the most popular beverage in Japan and is an important part of Japanese culture. Various types of tea are widely available and consumed at any time of day. Tea is grown throughout Japan, and some of the most well-known tea cultivation areas include Saitama, Shizuoka, Kagoshima, and Uji. Each region offers its own unique characteristics and flavors.

Let's explore the world of Japanese green tea! Sayama Green Tea School offers programs for anyone interested in learning more about it. On this tour, you'll experience tea picking, see how green tea is made, learn the history of Sayama Tea, and enjoy tea brewing and tasting. You'll even receive a diploma at the end of the experience!

### LEGEND |



—Bring ¥ for Shopping &amp; Snacks



—Bring Your Camera



—Great for Couples!

### COST BY AGE GROUP:

\$65 (16 &amp; Up)

\$45 (6-15)

### ITINERARY:

Depart 1:30 p.m.

Tea School 2-4:30 p.m.

Return 5:30 p.m.

*Tour cost includes transportation. There will be a lot of walking on this tour. We do not recommend small children participating due to the late returning time and the festival can get very crowded.*



For updates on all things ITT,  
scan the QR code.

For detailed information on ITT's upcoming  
tours, visit [Yokota374FSS.com/ITT](http://Yokota374FSS.com/ITT).

227-7083 • Bldg. 327





### Windsurfing at Lake Saiko

Tue • 19 Aug • 7 a.m.–3 p.m.

\$60 • Ages 15 & Up

Sign up by: 16 Aug

Includes: Transit, Windsurfing Gear & Lesson

## OUTDOOR RECREATION

225-4552 • Bldg. 564

### AUGUST

#### MAHI-MAHI FISHING

Wed • 13 Aug • 3 a.m.–4 p.m.

Sign up by: 2 Aug

Wed • 27 Aug • 3 a.m.–4 p.m.

Sign up by: 16 Aug

\$250 • Ages 16 & Up

Includes: Transit, Boat Charter, Equipment & Guide

*\*All participants must be able to cast lures and swim.*

#### STAND-UP PADDLEBOARDING & KAYAKING AT LAKE MOTOSU

Sat • 30 Aug • 5:30 a.m.–3 p.m.

\$60 • Ages 13 & Up

Sign up by: 27 Aug

Includes: Transit & Guide

#### MT. FUJI MOUNTAINEERING\*\*

Sun • 17 Aug • 2:30 a.m.–9 p.m.

Sign up by: 13 Aug

Sat • 23 Aug • 2:30 a.m.–9 p.m.

Sign up by: 19 Aug

\$140 • Ages 16 & Up

Includes: Transit, Mt. Fuji Admission Fee & Guide

## OVERNIGHT TRIPS

#### MT. FUJI OVERNIGHT MOUNTAINEERING\*\*

Fri–Sat • 22–23 Aug

Depart: 7:30 a.m.; Return: 5 p.m.

\$250 • Ages 18 & Up

Sign up by: 8 Aug

Includes: Transit, Mt. Fuji Entry Fee, Lodging, Guide, Simple Dinner & Breakfast

*\*\*All participants must watch the Mt. Fuji safety briefing on the web site, have properly fitting hiking boots/gear, or rent them in advance at Outdoor Rec. For safety tips, suggested items and other important information regarding this trip, please refer to the Mt. Fuji pamphlet on the web site or pick one up at ODR.*

#### THREE-DAY WEEKEND CAMPING, PADDLING, HIKING, & FRUIT PICKING AT URA-BRANDAI NATIONAL PARK

Sat–Mon • 30 Aug–1 Sep

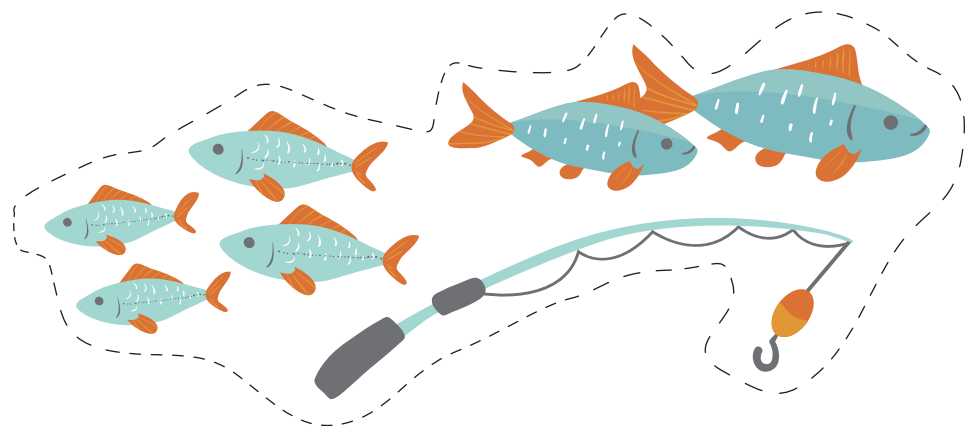
Depart: 6:30 a.m.; Return: 4 p.m.

\$160 • Ages 13 & Up

Sign up by: 21 Aug

Includes: Transit, Tent, Fire Pit & Three-Day Camping Admission Fee

*\*If it is raining, we can stay at a mountain hut near there.*



## SEPTEMBER

### **NEW!** BEGINNER SURFING LESSONS AT KUJUKURI CHIBA

Wed • 3 Sep • 4:30 a.m.–5 p.m.  
Sign-up: 5–30 Aug

Wed • 10 Sep • 4:30 a.m.–5 p.m.  
Sign-up: 9 Aug–6 Sep  
\$125 • Ages 18 & Up

Includes: Transit, Equipment & Lesson

*\*All surfing equipment will be provided, participants must be proficient swimmers.*

### FOREST ADVENTURE COURSE AT KOSUGE

Sat • 13 Sep • 7 a.m.–3 p.m.  
\$45/Adventure Course • Height 140 cm & Up  
\$35/Kids Course • Height 110 cm & Up  
Sign-up: 14 Aug–10 Sep  
Includes: Transit & Play Fee

### MAHI-MAHI FISHING

Wed • 17 Sep • 3 a.m.–4 p.m.  
\$250 • Ages 16 & Up  
Sign-up: 19 Aug–6 Sep  
Includes: Transit, Boat Charter, Equipment & Guide

*\*All participants must be able to cast lures and swim.*

### STAND-UP PADDLEBOARDING & KAYAKING AT LAKE MOTOSU

Sat • 20 Sep • 5:30 a.m.–3 p.m.  
\$60 • Ages 13 & Up  
Sign-up: 21 Aug–17 Sep  
Includes: Transit & Guide

### WINDSURFING AT LAKE SAIKO

Wed • 24 Sep • 7 a.m.–3 p.m.  
\$60 • Ages 15 & Up  
Sign-up: 23 Aug–20 Sep  
Includes: Transit, Windsurfing Gear & Lesson

### PARAGLIDING AT ASAGIRI KOGEN

Sat • 27 Sep • 5:30 a.m.–5:30 p.m.  
\$120 • Ages 13 & Up  
Sign-up: 28 Aug–18 Sep  
Includes: Transit, One Tandem Jump & Insurance

*\*All participants must weigh between 90 and 220 pounds.*

## OVERNIGHT TRIPS

### GOLF & STAY AT MADARAO TOKYU RESORT

Sat–Sun • 6–7 Sep  
Depart: 7 a.m.; Return: 8:30 p.m.  
\$230 • Ages 15 & Up  
Sign up by: 9 Aug  
Includes: Transit, Lodging, Green Fee for One Round (18 holes), Breakfast & Dinner

*\*Additional ¥2,000 for 2 bag play.*

### AUTUMN VACATION AT MADARAO TOKYU RESORT

Sat–Sun • 6–7 Sep  
Depart: 6 a.m.; Return: 8:30 p.m.  
\$160 • Ages 13 & Up  
\$140 • Ages 4–12  
Sign up by: 23 Aug  
Includes: Transit, Lodging, Breakfast & Dinner

*\*Optional activities: Soba making (\$125), Ninja Museum & EZ Trekking.*

### OVERNIGHT KAMIKOCHI & MT. NORIKURA HIKING TRIP

Sat–Sun • 27–28 Sep  
Depart: 5 a.m.; Return: 8 p.m.  
\$220 • Ages 15 & Up  
Sign up by: 13 Sep  
Includes: Transit, Lodging, Breakfast, Dinner & Guide

## WHAT TO KNOW BEFORE YOU GO HIKE MT. FUJI

You will need to carry a 10-kilogram backpack while climbing a high-altitude, low-oxygen alpine mountain with an elevation gain of approximately 1,450 meters. The Fujiyoshida Trail takes about 7 hours uphill and 4 hours downhill. The actual distance from the 5th Station to the summit is approximately 6 to 7 km.

### Necessary Equipment

- Hiking Boots with Thick Socks (No Sneakers)
- Backpack (25–40 Liters)
- Rainwear (Breathable Waterproof, No Ponchos)
- Quick-Drying Clothes (No Jeans) & Extra Layers (Fleece, Down Jacket)
- Quick-Drying Underwear
- Headlamp with Extra Batteries
- Trash Bag (Pack Out All Trash)
- Money (Approx. ¥10,000 for Stamps, Food, Drinks, and Toilet Fees)
- Drinks (1–2 Liters) & High-Calorie Snacks
- Other Essentials (Cap/Hat, Sunglasses, Sunscreen, Hiking Poles, Gloves, Gaiters)

### Example Training Plan (Starting Two Months Before Hike)

- Squats – 5 min. daily
- Mountain Hiking – once a week
- Swimming – 30 min. once a week
- Jogging – 30 min. once a week
- Stair Climbing (Up & Down) – 30 min. once a week
- Knee Lifts – 5 min. daily
- Calf Raises & Toe Raises – 5 min. daily
- Planks (Full & Half) + Push-Ups – 5 min. daily
- Sit-Ups – 5 min. daily



## TERMS & CONDITIONS

### TRIPS & TOURS

All trips and tours are for SOFA personnel, dependents and guests, Reservist, National Guard, MLC, IHA and JASDF with a valid I.D. Card. Trip destinations, details and prices may change due to varying factors including weather, road closures, base exercises, etc. Children must remain with their parents at all times. For additional requirements and information, please ask ODR staff for the trip itinerary.

### RENTAL EQUIPMENT

Equipment must be reserved in advance by SOFA personnel, dependents and guests, Reservist, National Guard, MLC, IHA and JASDF with a valid I.D. Card. Personnel not assigned to Yokota Air Base must have official TDY or leave orders.

Full terms and conditions will be provided at the time of reservation.

Scan the QR code for all things ODR.



# Grab your markers and finish coloring the Yokota School Mascots!



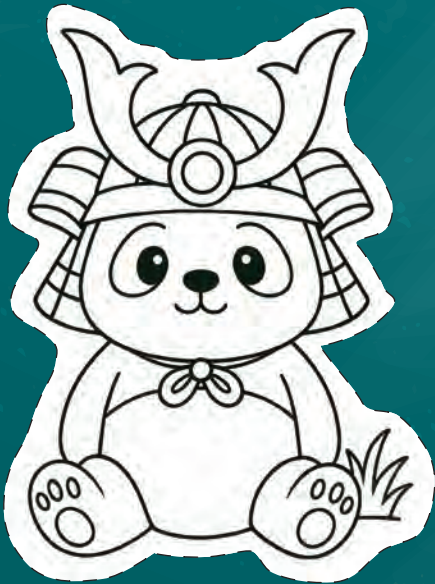
**Yokota Middle School**

I am a White Tiger, finish my stripes!



**Yokota High School**

I am a Panther, my fur is very shiny when I am healthy.  
I am a nocturnal animal, so I hunt at night!



**Medel Elementary School**

I am a Panda! I am also a Samurai  
(a Japanese warrior)!  
My headdress is red and black,  
my body is white and black!



**Yokota West Elementary School**

I am a Japanese Crane, my colors are white  
and black with a splash of red on my head!

# BACK TO SCHOOL

## WORD SEARCH PUZZLE

H	O	U	R	G	L	A	S	S	L	E	A	S	E	L
R	F	I	U	K	G	L	S	C	I	S	S	O	R	S
O	R	B	G	S	O	O	R	H	B	O	O	K	U	F
C	A	O	B	R	U	S	H	O	H	B	E	L	L	L
K	K	Y	P	N	U	P	O	S	A	P	B	E	A	
E	O	F	B	M	L	N	G	L	O	B	E	U	R	G
T	A	L	A	R	M	C	L	O	C	K	N	O	A	R
P	B	A	L	L	O	O	N	S	L	O	C	U	L	M
A	O	S	L	C	P	P	Y	R	A	M	I	D	C	A
P	A	K	A	P	N	S	C	H	O	O	L	B	A	G
E	B	S	N	S	T	T	C	L	O	U	D	S	R	N
R	A	P	P	L	E	U	T	U	B	R	A	M	U	I
C	I	T	K	A	C	D	I	G	A	P	Y	U	E	F
L	F	B	U	T	T	E	R	F	L	Y	A	G	A	I
I	I	U	B	K	A	N	A	L	L	G	R	P	A	E
P	L	M	A	P	N	T	P	A	L	E	T	T	E	R

Aa Bb Cc Dd Ee  
 Ff Gg Hh Ii Jj Kk  
 Ll Mm Nn Oo Pp  
 Qq Rr Ss Tt Uu  
 Vv Ww Xx Yy Zz  
 1 2 3 4 5 6 7 8 9 0  
 ! # \$ % & ' ( ) \* , - . /

### Word Search Word Bank

- Hourglass • Scissors • Globe • School bag
- Alarm clock • Bell • Book • Balloons
- Pyramid • Easel • Butterfly • Palette • Apple
- Clouds • Brush
- School • Ruler • Rugbyball • Pencil • Sun
- Magnifier • Student • Flask • Flag • Ball
- Paperclip • Car • Rocket • Mug

# Japanese Trivia

Test your knowledge of our host nation!

Answers found in our monthly August email: To sign up for our emails, scan the QR code on the first page, where our index is!

\*The August email with these answers will be sent towards the end of the month.

1. What is the name of the famous bullet train in Japan?  
a. Chikatetsu      b. Shinkansen      c. Yamanotesen
2. What is the name of the popular Japanese dish made with raw fish and rice?  
a. Tempura      b. Sushi      c. Yakiniku
3. What is customary to do when entering someone's house in Japan?  
a. Avoiding eye contact      b. Taking off your shoes      c. Leaving the front door open
4. What is the traditional formal Japanese garment worn by both men and women?  
a. Kimono      b. Doresu      c. Shatsu
5. The Japanese art of paper folding is called what?  
a. Origami      b. Atsugami      c. Shogi



YOUTH SPORTS  
**COACHES  
NEEDED**

**CALL 225-4199**

By volunteering as a coach, you'll be making a huge impact on the Yokota community. Help shape the champions of tomorrow - one game, one kid at a time!



# YOUTH SPORTS

**REGISTER DATES: 4 AUG-5 SEP • SEASON: OCT-DEC**

VOLLEYBALL:



\$75 • Ages 9-15

FLAG FOOTBALL:



\$25 • Ages 3-4

\$75 • Ages 5-15

**REGISTER YOUR CHILD FOR THE UPCOMING FALL SEASON!  
CALL 225-4199**

# TA Tuesdays at Two

Tuesdays • 2 p.m.  
Bldg. 316, Second Floor – Education Center  
— **Military Members Only** —

**Call 225-4207  
for more details.**

**Join us for an informative briefing on your tuition assistance benefits!**



## Have questions about finance?

Look out for these Finance Classes  
at the Military and Family Readiness Center this month!

### Vesting in the TSP

Tue • 5 Aug • 9–10 a.m.

### Continuation Pay

Tue • 19 Aug • 9–10 a.m.



# WELCOME

## Newcomer's Orientation

Wednesdays • 8 a.m.–4:30 p.m.

Every Wednesday, the Military & Family Readiness Center holds this orientation course to welcome all new arrivals to Yokota! This workshop provides relevant and current information about base policies, legal do's & don'ts, on-base entertainment and facilities, specifics about the local area, and so much more!

After the workshop, Security Forces Pass & Registration will offer a local driving conditions course to help you adjust to right-hand driving and left-lane traffic!

\*Corresponding paperwork (the 374 AW Form 50) and registration for the driving class must be completed with the SFS Pass & Registration office.

# BEST FRIEND RUN

**Sat - 30 Aug**

**7:30-9:30 a.m.**

**Par 3 - Free - All Ages**

Bring your four-legged best friend for a fun-filled run! Enjoy a scenic route alongside fellow dog lovers as you and your pup get active together in a lively, pet-friendly atmosphere.



YOKOTA AB



No Federal endorsement of sponsor intended.



# YOKOTA.CHURCH

*Welcome Home!*

- We are an OFF-BASE Church serving the Military Community
- Only ½ Mile South of Supply Gate on Route 16
- Parking On-Site
- **SUNDAY MORNING at 10:45**



Paid ad. No Federal endorsement of advertiser intended.

[www.YOKOTA.CHURCH](http://www.YOKOTA.CHURCH)

## SEIZE THE AWKWARD

Let's talk about awkward conversations, you know, the kind that are hard to start and just as hard to have. The kind when you are worried about someone you care about and are not sure of what to say. Often, starting the conversation is the hardest part. Even though you want to, finding the 'right' time can be another set of challenges because sometimes there isn't one. Meeting up for a game of your favorite sport, casually asking while gaming online, or grabbing a meal together can set the stage for conversation. Sometimes, a simple "what's up?" is enough to get the conversation started. "Seems like something's up. Do you want to talk about anything?" or "I've noticed you've been down lately. What is going on?" are other ways to start a conversation. If you aren't sure how to bring it up, a simple "this is awkward, but I would like to know if you are really alright," can do the trick.

**September is Suicide Awareness and Prevention Month.**  
Find more at [seizetheawkward.org](http://seizetheawkward.org)



Paid ad. No Federal endorsement of advertiser intended.

# Planning a Military Move? We've Got You

**Our Permanent Change of Station (PCS) hub makes your military move a seamless maneuver.**

- Calculate how your move will affect your budget
- Explore resources on home buying and vehicle prep
- Stay organized with our PCS Checklist

We know you have a lot of decisions to make, and we'll help you every step of the way.



**NAVY  
FEDERAL**  
Credit Union

ARMY  
MARINE CORPS  
NAVY  
AIR FORCE  
SPACE FORCE  
COAST GUARD  
VETERANS

**Our Members Are the Mission**

Visit [navyfederal.org/pcs](https://navyfederal.org/pcs)  
to PCS with success.

Navy Federal is insured by NCUA.  
Message and data rates may apply. Visit [navyfederal.org](https://navyfederal.org) for  
more information. © 2025 Navy Federal NCU 14491 (4-25)



## AUTO HOBBY SHOP

225-7623 • Bldg. 4086

### A/C SERVICE STATION THE ONLY ONE AT YOKOTA!

Make sure your car's air conditioning can beat the heat this summer with a check-up from Auto Hobby!

#### A/C system check

- \$30 for Single A/C
- \$45 for Dual A/C

#### Included:

- Evacuate Refrigerant
- Flush A/C System
- Refill Refrigerant
- Leak Detector Fluorescent Dye

\*Material Cost (A/C Refrigerant, Leak Detector Dye) is not included.



## VEHICLE OPERATIONS

225-7720 • Bldg. 1290

# FSS SHUTTLE SCHEDULE



Visit [Yokota374FSS.com/vehicle-operations](http://Yokota374FSS.com/vehicle-operations) for complete shuttle schedule.

### HANEDA SCHEDULE

MON-SUN

\$20 All Ages

TO HANEDA	Bus #1	Bus #2
DEPARTS LONG TERM PARKING LOT	11 a.m.	2:30 p.m.
DEPARTS KANTO LODGE	11:15 a.m.	2:45 p.m.
ESTIMATED ARRIVAL	1:45 p.m.	5:15 p.m.
TO YOKOTA	Bus #1	Bus #2
DEPARTS TERMINAL 1	4:30 p.m.	8 p.m.
DEPARTS TERMINAL 3	5 p.m.	8:30 p.m.
ARRIVES AT KANTO LODGE	7:30 p.m.	11 p.m.
ARRIVES AT LONG TERM PARKING LOT	7:40 p.m.	11:10 p.m.

NEW LOCATION

### NARITA SCHEDULE

MON-SUN

\$40 Ages 13 & Up, \$30 Ages 12 & Under

TO NARITA	Bus #1	Bus #2
DEPARTS LONG TERM PARKING LOT	9:45 a.m.	11:45 a.m.
DEPARTS KANTO LODGE	10 a.m.	12 p.m.
ESTIMATED ARRIVAL	1:30 p.m.	3:30 p.m.
TO YOKOTA	Bus #1	Bus #2
DEPARTS TERMINAL 1	5 p.m.	7 p.m.
ARRIVES AT KANTO LODGE	8 p.m.	10 p.m.
ARRIVES AT LONG TERM PARKING LOT	8:15 p.m.	10:15 p.m.

NEW LOCATION

### NEW SANNO SCHEDULE

SAT/SUN/HOL

\$10 All Ages

TO NEW SANNO	Bus #1	Bus #2
DEPARTS KANTO LODGE	9:30 a.m.	3 p.m.
ESTIMATED ARRIVAL	11:15 a.m.	5 p.m.
TO YOKOTA	Bus #1	Bus #2
DEPARTS NEW SANNO*	11:15 a.m.	5 p.m.
ESTIMATED ARRIVAL	12:45 p.m.	6:45 p.m.

\* If bus arrives late to New Sanno, it will stop for 15 minutes before departing.

No reservations necessary. Payments accepted in yen or U.S. dollars. Personal checks and credit cards are not accepted. Pets, smoking, and drinking alcoholic beverages are prohibited. Military, non-military, SOFA, and non-SOFA individuals can use this service. Non-SOFA individuals will need a certificate of sponsorship if riding unaccompanied.



## 374 FSS RESTAURANTS

Bangkok Express, Tomodachi Lanes .....	20
Charlie T's .....	46
Chico's .....	24
Chili's Grill & Bar .....	41
Mediterranean Bistro, Yujo Community Center .....	30
Rickenbacker's, Kanto Lodge .....	21
<b>Rickenbacker's, Enlisted Club .....</b>	<b>46</b>
<b>Rise &amp; Grind .....</b>	<b>73</b>
Route 16 .....	25
Samurai Café Dining Facility .....	28
Sip 'N' Play Café, Yujo Community Center .....	30
Sunrise Bakery .....	49

## 374 FSS FACILITIES

Aero Club/Flight Training .....	74
Arts & Crafts Center .....	29
Auto Hobby Shop .....	62
Building 316 .....	34
Civilian Personnel	
Education & Training Section	
FSS Training Institute	
Military Personnel Section/Customer Support	
NAF HR	
Plans Readiness/Mortuary Affairs	
<b>Enlisted Club .....</b>	<b>45</b>
Family Child Care Office .....	1
ITT Pickup Point .....	13
<b>Kanto Lodge .....</b>	<b>22</b>
Kibo CDC .....	67
<b>Library .....</b>	<b>44</b>
Marketing/ Horizons Magazine .....	16
<b>Military &amp; Family Readiness Center .....</b>	<b>40</b>
Narita/Haneda/New Sanno Shuttle Pickup/Drop-Off .....	22 & 75
<b>Natorium .....</b>	<b>68</b>
<b>Officers' Club .....</b>	<b>23</b>
Outdoor Recreation .....	42
Pet Care Center .....	64
Post Office .....	35
POV Resale Lot .....	26
Professional Development .....	80
Airman Leadership School	
Career Assistance Advisor	
First Term Airman Center	
Sakana Outdoor Pool .....	2
Samurai Fitness Center .....	43
MX Nutri Shop	
Samurai Training Grounds .....	84
Skate Park .....	72
<b>Taiyo Community Center .....</b>	<b>4</b>
<b>Teen Center .....</b>	<b>69</b>
Temporary Lodging Facility .....	75
<b>Tomodachi Lanes Bowling Center .....</b>	<b>19</b>
Vehicle Operations/Car Wash .....	11
Wakamono School-Age Care .....	6
<b>Yokota Golf Center .....</b>	<b>65</b>
<b>Youth Center .....</b>	<b>66</b>
<b>Yujo Community Center .....</b>	<b>30</b>
ITT (Information, Tickets & Travel)	
Night Flight Travel Agency	
Yume CDC .....	48
Tama Golf & Lodge	

## OTHER PLACES OF INTEREST

AAFES Garage .....	10
AAFES Movie Theater .....	77
AAFES Warehouse .....	60
Airman's Attic .....	17
<b>AMC Terminal .....</b>	<b>12</b>
Burger King .....	36
Car Rental/Key Copying .....	14
Community Bank/Navy Federal Credit Union .....	33
Dental & Mental Health Clinics .....	78
Salons .....	18
East Chapel .....	70
Finance Office .....	27
Fire Stations .....	9
Friendship Chapel .....	32
Furniture Management Office .....	54
Hospital .....	76
Housing Office .....	50
Japanese Dining Hall .....	52
JK Mendel Elementary School .....	71
Laundromat .....	15
Maintenance Office .....	83
<b>Pass &amp; ID Office .....</b>	<b>81</b>
Williams Technical Service Insurance	
Police Station (Security Forces) .....	39
Red Cross .....	40
U-Fix-It .....	51
Thrift Shop .....	3
USO .....	30
Veterinary Clinic .....	55
Visitors Center .....	37
WIC Office .....	58
<b>YCC (AAFES Food Court/Barber Shop/BX/Dry Cleaning/</b>	<b>38</b>
<b>    Commissary/Military Clothing Sales/Salon) .....</b>	<b>38</b>
Yokota High School .....	57
Yokota Middle School .....	56
Yokota West Elementary School .....	8



East Fitness Loop	3mi/5km	•••
West Fitness Loop	1.4mi/2.2km	•••
Lodging Fitness Loop	4mi/6.5km	•••

## OVERRUN ROADS OPERATION HOURS

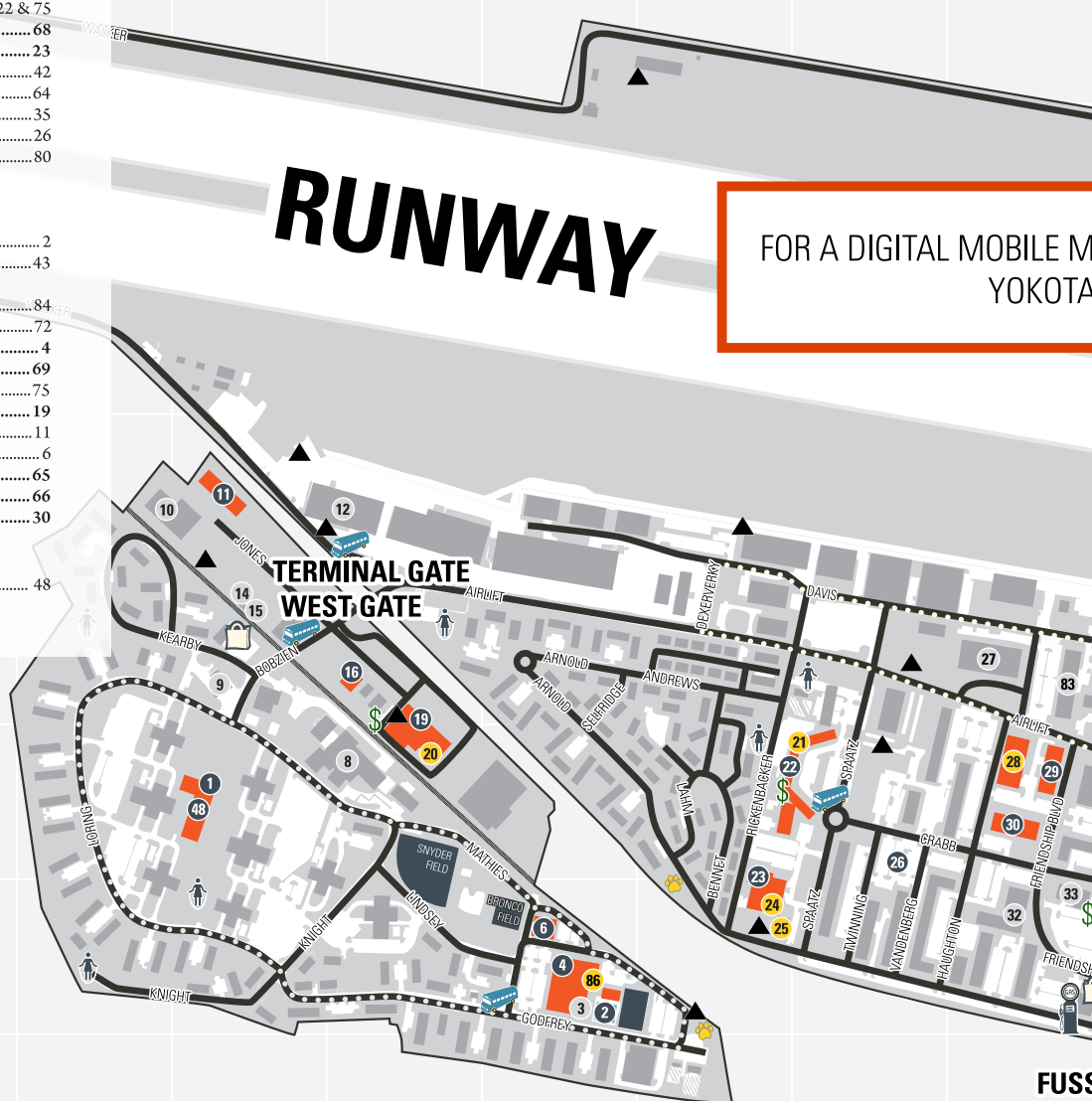
### SOUTH

Open 24 Hours

### NORTH





Closed

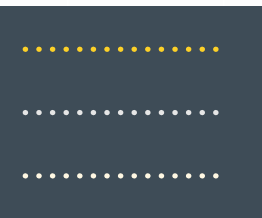
North overrun road closure includes bike/jogging path.



FOR A DIGITAL MOBILE M  
YOKOTA

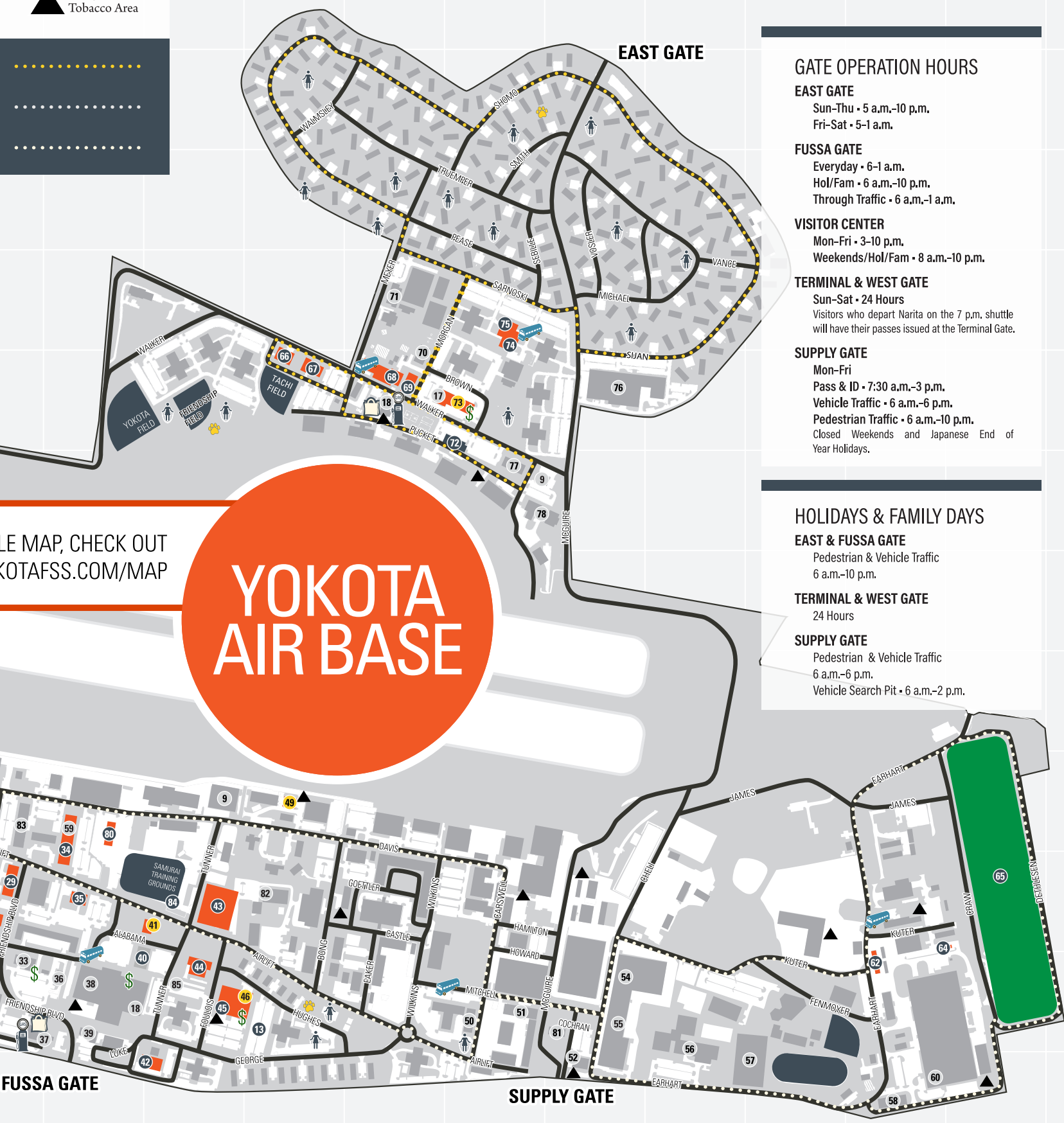
# FORCE SUPPORT FACILITY GUIDE

-  Gas Station
-  ATM
-  Dog Park
-  Designated Tobacco Area



LE MAP, CHECK OUT  
KOTAFSS.COM/MAP

## YOKOTA AIR BASE



### GATE OPERATION HOURS

- EAST GATE**  
Sun-Thu • 5 a.m.-10 p.m.  
Fri-Sat • 5-1 a.m.
- FUSSA GATE**  
Everyday • 6-1 a.m.  
Hol/Fam • 6 a.m.-10 p.m.  
Through Traffic • 6 a.m.-1 a.m.
- VISITOR CENTER**  
Mon-Fri • 3-10 p.m.  
Weekends/Hol/Fam • 8 a.m.-10 p.m.
- TERMINAL & WEST GATE**  
Sun-Sat • 24 Hours  
Visitors who depart Narita on the 7 p.m. shuttle will have their passes issued at the Terminal Gate.
- SUPPLY GATE**  
Mon-Fri  
Pass & ID • 7:30 a.m.-3 p.m.  
Vehicle Traffic • 6 a.m.-6 p.m.  
Pedestrian Traffic • 6 a.m.-10 p.m.  
Closed Weekends and Japanese End of Year Holidays.

### HOLIDAYS & FAMILY DAYS

- EAST & FUSSA GATE**  
Pedestrian & Vehicle Traffic  
6 a.m.-10 p.m.
- TERMINAL & WEST GATE**  
24 Hours
- SUPPLY GATE**  
Pedestrian & Vehicle Traffic  
6 a.m.-6 p.m.  
Vehicle Search Pit • 6 a.m.-2 p.m.

# DIRECTORY OF SERVICES

FAM PACAF Family Down Day / EXR Exercise / HOL Holiday

## AERO CLUB/FLIGHT TRAINING

225-8988 • BLDG. 4304  
(ASHIYA TLF TOWER)  
Tue-Sat 9 a.m.-5 p.m.  
Sun/Mon/Hol Closed  
Fam/Exr Normal

## ARTS & CRAFTS CENTER

225-7837 • BLDG. 334  
Tue-Sat 9:30 a.m.-6 p.m.  
Sun/Mon/Hol Closed  
Fam/Exr Normal

## AUTO HOBBY SHOP

225-7623 • BLDG. 4086  
Sun-Sat\* 10 a.m.-6 p.m.  
Fam/Exr Normal  
Hol Closed

## YUME CHILD DEVELOPMENT CENTER

225-8810 • BLDG. 3015  
Mon-Fri 6:30 a.m.-5:30 p.m.  
Exr Normal  
Sat/Sun/Hol/Fam Closed

## CIVILIAN PERSONNEL

225-3901 • BLDG. 316 • RM. 217  
EMPLOYEE RELATIONS • 225-3916  
ALLOWANCES • 225-3906  
Mon-Fri 7:30 a.m.-3 p.m.  
Sat/Sun/Hol Closed  
Fam/Exr Normal

## EDUCATION & TRAINING CENTER

EDUCATION SERVICES • 225-4207  
BLDG. 316  
Mon-Tue 8 a.m.-3 p.m.  
Wed 8 a.m.-12 p.m.  
Thu-Fri 8 a.m.-3 p.m.  
Sat/Sun/Hol/Fam Closed

## ENLISTED CLUB

227-8820 • BLDG. 2066  
BARBER SHOP • 227-8829  
Mon-Sat (Incl. Exr) 9:30 a.m.-5:30 p.m.  
Sun/Hol Closed  
Fam Normal

## BUSINESS OFFICE & CATERING

Mon-Fri 8 a.m.-5 p.m.  
Sat/Sun/Hol Closed  
Fam/Exr Normal

## CASHIERS CAGE

Mon-Sun 10 a.m.-8 p.m.  
Hol Closed  
Fam/Exr Normal

## SHOGUN LOUNGE

Sun-Thu 4-10 p.m.  
Fri 4 p.m.-1 a.m.  
Sat 5 p.m.-1 a.m.  
Hol Closed  
Fam/Exr Normal

## FAMILY CHILD CARE OFFICE

225-8810 • BLDG. 3015  
Mon-Fri 8 a.m.-5 p.m.  
Sat/Sun/Hol/Fam Closed  
Exr Normal

## FLIGHT KITCHEN

225-9006 • BLDG. 335  
Daily Open 24 Hours

## FSS TRAINING INSTITUTE

225-8105/8106 • BLDG. 316  
RM. 132, 133, 141 & 144  
DSN FAX: 225-2060  
Mon-Fri 7:30 a.m.-4:30 p.m.  
Sat/Sun/Hol Closed  
Fam/Exr Normal

## INFORMATION, TICKETS & TRAVEL

227-7083 • BLDG. 327  
LOCAL TOURS DESK: 227-7084  
Mon-Fri 10 a.m.-6 p.m.  
Sat 10 a.m.-3 p.m.  
Sun/Hol Closed  
Fam/Exr Normal  
NIGHT FLIGHT TRAVEL AGENCY  
225-6993/6999  
Mon-Fri 10 a.m.-6 p.m.  
Sat 10 a.m.-3 p.m.  
Sun/Hol Closed  
Fam/Exr Normal

## KANTO LODGE

224-2002 • BLDG. 15  
Daily Open 24 Hours

## LIBRARY

225-7490 • BLDG. 617  
Mon-Thu 10 a.m.-8 p.m.  
Fri-Sun 10 a.m.-5 p.m.  
Hol Closed  
Fam/Exr Normal

## MARKETING

225-3308 • BLDG. 1295  
Mon-Fri 7:30 a.m.-4:30 p.m.  
Sat/Sun/Hol/Fam Closed  
Exr Normal

## MILITARY & FAMILY READINESS CENTER

225-8726 • BLDG. 535  
Mon-Thu 8 a.m.-4 p.m.  
Fri 9 a.m.-4 p.m.  
Every Last Fri Closed  
Sat/Sun/Hol Closed  
Fam Closed

## MILITARY PERSONNEL FLIGHT CUSTOMER SUPPORT

225-9913 • BLDG. 316  
Mon-Fri (Walk-Ins) 8 a.m.-10 a.m.  
Mon-Fri (Appointments Only) 12-3 p.m.  
Mon-Fri (Emergency Services) 8 a.m.-3 p.m.  
Every Third Thu Closed  
Sat/Sun/Hol/Fam/Exr Closed

## NAF HR

225-3920 • BLDG. 316 • RM. 217  
374FSS.HRO@US.AF.MIL  
Mon-Fri 7:30 a.m.-3 p.m.  
Sat/Sun/Hol Closed  
Fam/Exr Normal

## NATATORIUM

225-6133 • BLDG. 4338  
FRONT DESK  
Mon-Fri 9 a.m.-6 p.m.  
Sat 10:30 a.m.-3 p.m.  
Sun/Hol Closed  
Fam/Exr Normal  
POOL  
Mon-Fri 5 a.m.-8 p.m.  
Hol Closed  
Fam/Exr Normal  
SAKANA POOL  
\*Opens Memorial Day weekend  
Thu-Mon 10 a.m.-6 p.m.  
Tue/Wed Closed

## OFFICERS' CLUB

225-8526 • BLDG. 31  
BUSINESS OFFICE  
Mon 8 a.m.-3 p.m.  
Tue-Sat 8 a.m.-5 p.m.  
Sun/Hol Closed  
Exr Normal  
CASHIERS CAGE • 225-8343/8526  
Tue-Fri 10 a.m.-9 p.m.  
Sat 5-9 p.m.  
Sun/Mon/Hol Closed  
Fam 5-9 p.m.  
Exr Normal  
CATERING OFFICE • 225-8342  
Tue-Fri 10 a.m.-6 p.m.

## SAMURAI LOUNGE

Tue-Sat 5-10 p.m.  
Sun/Hol Closed  
Fam/Exr Normal

## OUTDOOR RECREATION/ EQUIPMENT RENTAL

225-4552 • BLDG. 564  
Tue-Fri 9:30 a.m.-6 p.m.  
Sun/Mon/Hol Closed  
Sat 8 a.m.-5 p.m.  
Fam/Exr Normal

## PET CARE CENTER

225-8906 • BLDG. 4066  
FRONT DESK  
Mon-Fri 9:30 a.m.-5 p.m.  
Sat 9:30 a.m.-3 p.m.  
Sun 11 a.m.-5 p.m.  
Hol Closed  
Fam/Exr Normal

## POST OFFICE

225-9383 • BLDG. 410  
PARCEL PICKUP WINDOW  
Mon-Sat 10 a.m.-5:30 p.m.  
Sun Closed

## CUSTOMER SERVICE

Mon-Fri 10 a.m.-5:30 p.m.  
Sat-Sun Closed

## OUTBOUND MAIL

Tue-Sat 10 a.m.-5 p.m.  
Sun-Mon Closed

## OFFICIAL MAIL CENTER

Mon-Fri 10 a.m.-3 p.m.  
Sat-Sun Closed  
Hol/Fam Closed

## PROFESSIONAL DEVELOPMENT CENTER

ALS: 225-8331  
DA: 225-7829  
FTAC: 225-9525  
BLDG. 580  
Mon-Fri 7:30 a.m.-4:30 p.m.  
Sat/Sun/Hol/Fam Closed  
Exr Normal

## SAMURAI FITNESS CENTER & ANNEX

225-8889/8890 • BLDG. 689/665  
Mon-Fri 5 a.m.-9 p.m.  
Sat/Sun/Fam 9 a.m.-5 p.m.  
Hol Closed  
MX NUTRI SHOP • 225-9893  
Mon/Wed/Fri 6:30 a.m.-2 p.m.,  
4-8 p.m.  
Tue/Thu 9 a.m.-2 p.m.,  
4-8 p.m.  
Sat/Fam/Hol 9 a.m.-4 p.m.  
Sun Closed

## SCHOOL-AGE CARE

225-6397 • BLDG. 3258  
KIBO - 225-4199 • BLDG 1592  
Business Office 6:30 a.m.-5:30 p.m.  
CARE  
Mon/Wed/Thu/Fri 6:30-8 a.m.,  
2-5:30 p.m.  
Tue 6:30-8 a.m.,  
1-5:30 p.m.  
Sat/Sun/Hol/Fam Closed  
WAKAMONO - 225-6397 • BLDG 3258  
Business Office 6:30 a.m.-5:30 p.m.  
CARE  
Mon/Wed/Thu/Fri 6:30-7:50 a.m.,  
2-5:30 p.m.  
Tue 6:30-7:50 a.m.,  
1-5:30 p.m.  
Sat/Sun/Hol/Fam Closed

## TAIYO COMMUNITY CENTER

225-6955 • BLDG. 3260  
Mon-Fri 10 a.m.-8 p.m.  
Sat 8 a.m.-4 p.m.  
Sun/Hol Closed  
Fam/Exr Normal

## TAMA HILLS GOLF COURSE

042-374-2811  
18-HOLE GOLF COURSE  
Sat-Sun (Hol/Fam/Exr) Open  
PRO SHOP  
Sat-Sun 6:15 a.m.-4 p.m.  
Hours subject to change due to weather conditions.

**TAMA HILLS RECREATION AREA**

227-5230

**COUNTRY STORE**

Mon	10 a.m.-2 p.m.
Tue	Closed
Wed-Thu	10 a.m.-1:30 p.m., 2:30-6 p.m.
Fri	10 a.m.-8 p.m.
Sat-Sun	8 a.m.-8 p.m.

**HILLCREST LOUNGE**

Mon/Tue	Closed
Wed-Sun	1-9 p.m.

**RESERVATION DESK**

Mon	12 a.m.-5 p.m.
Tue	Closed
Wed	8 a.m.-12 a.m.
Thu-Sun	24 Hours

**TAMA ODR**

227-5248

**MARCH-OCTOBER**

Sun	8 a.m.-6 p.m.
Mon	8 a.m.-2 p.m.
Tue	Closed
Wed-Thu	8 a.m.-5 p.m.
Fri-Sat	8 a.m.-7 p.m.

**TEEN CENTER**

225-6793 • BLDG. 4313

**BUSINESS OFFICE**

Mon-Thu	12-7 p.m.
Fri	12-9 p.m.
Sat/Sun/Hol/Fam	Closed
Exr	Normal

**RECREATION CENTER**

Mon-Thu	3-7 p.m.
Fri	3-9 p.m.
Sat/Sun/Hol/Fam	Closed

**TOMODACHI LANES****BOWLING CENTER**

225-7191 • BLDG. 1213

Sun-Thu	11 a.m.-10 p.m.
Fri-Sat	11 a.m.-11 p.m.
Hol/Exr	11 a.m.-8 p.m.
Fam	Normal

**UNITE**

225-1433 • BLDG. 327

Mon-Fri	8:30 a.m.-4 p.m.
Sat/Sun/Hol/ Fam/ Exr	Closed

**VEHICLE OPERATIONS**

225-7720 • BLDG. 1290

**BUSINESS OFFICE**

Mon-Fri	6 a.m.-5 p.m.
Sat/Sun/Hol	Closed
Fam/Exr	Normal

**CAR WASH/SELF-SERVICE**

Daily (Apr-Oct)	6:30 a.m.-5 p.m.
Daily (Nov-Mar)	7 a.m.-5 p.m.

**SHUTTLES**

See Pg. 27

**U-DRIVE PICKUP/DROP-OFF ONLY**

Daily	6:30 a.m.-4:30 p.m.
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**WILLIAMS TECHNICAL SERVICE INSURANCE****PRIMARY OFFICE**

BLDG. 993, PASS &amp; ID

225-2741

Mon-Fri	8 a.m.-3:30 p.m.
Sat/ Sun/Hol Fam	Closed
Friendship Festival	Closed

**SATELLITE OFFICE**

BLDG. 327, YUJO COMMUNITY CENTER

225-2742

FROM OFF BASE: 042-530-0799

03-6868-2363

Mon-Fri	9 a.m.-5 p.m.
Sat/Fam	10 a.m.-2 p.m.
Sun/Hol	Closed
Exr	Normal

**YOKOTA GOLF CENTER**

225-7441 • BLDG. 1591

**CLUBHOUSE/PRO SHOP**

Sat-Sun	7:30 a.m.-6 p.m.
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**DRIVING RANGE**

Mon/Wed-Sun	7 a.m.-8:30 p.m.
Tue	11 a.m.-8:30 p.m.

**9-HOLE GOLF COURSE**

Sat-Sun	7:30 a.m.-Sunset
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Hours subject to change due to weather conditions.

**TSUBASA YOUTH CENTER**

225-7441 • BLDG. 1591

**BUSINESS OFFICE**

Mon-Fri	12-6 p.m.
Sat/Sun/Hol/Fam	Closed
Exr	Normal

**RECREATION CENTER**

Mon/Wed-Fri	2-6 p.m.
Tue	1-6 p.m.
Sat/Sun/Hol/Fam	Closed

**YOUTH SPORTS**

225-4199 • BLDG. 1592

**YUJO COMMUNITY CENTER**

225-7713 • BLDG. 327

Mon-Sat	9 a.m.-5 p.m.
Sun/Hol	Closed
Fam	10 a.m.-6 p.m.
Exr	Normal

# RESTAURANTS

B BREAKFAST / L LUNCH / D DINNER

**BANGKOK EXPRESS**

227-5811 • BLDG. 1213

**(TOMODACHI LANES)**

Sun-Thu	11 a.m.-9:30 p.m.
Fri-Sat	11 a.m.-10:30 p.m.
Hol	11 a.m.-8 p.m.
Fam/Exr	Normal

**CHARLIE T'S**

227-8837/8820 • BLDG. 2066

**BREAKFAST**

Mon-Fri	6:30-10 a.m.
Sat	7 a.m.-1 p.m.
Sun	9 a.m.-1 p.m.

**LUNCH**

Mon-Fri	11 a.m.-1:30 p.m.
Sat	7 a.m.-1 p.m.
Sun	9 a.m.-1 p.m.

**DINNER**

Mon-Sat	5-9 p.m.
Sun/Hol	Closed
Fam/Exr	Normal

Charlie T's is open for a la carte menu on family days 7 a.m.-1 p.m. only.

**CHICO'S CHOP HOUSE &****SEAFOOD GRILL**

225-9420/8343 • BLDG. 31

**LUNCH (ACTION STATION)**

Tue-Fri	11 a.m.-1:30 p.m.
Sat/Sun/Hol/Fam	Closed
Exr	Normal

**DINNER**

Tue-Sat	5-9 p.m.
Sun/Mon/Hol/Fam	Closed
Fam/Exr	Normal

**CATERING OFFICE**

Tue-Fri	10 a.m.-5 p.m.
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**CHIL'S GRILL & BAR**

1 (210)-547-9947 • BLDG. 536

Sun-Thu	11 a.m.-9 p.m.
Fri/Sat	11 a.m.-10 p.m.
Hol	4-9 p.m.
Fam/Exr	Normal

**KIJI DINING ROOM**

227-5230

**(TAMA HILLS REC AREA)**

Mon	8 a.m.-2 p.m.
Tue	Closed
Wed	11 a.m.-8 p.m.
Thu-Fri	8 a.m.-2 p.m., 4-8 p.m.
Sat-Sun	7 a.m.-2 p.m., 4-8 p.m.

**MEDITERRANEAN BISTRO**

225-8293 • BLDG. 327

**BREAKFAST**

Mon-Fri	6:30 a.m.-10:30 a.m.
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**LUNCH**

Mon-Fri	10:30 a.m.-1:30 p.m.
Sat/Sun/Hol	Closed
Fam/Exr	Normal

**RICKENBACKER'S COFFEE SHOP**

KANTO LODGE • BLDG. 15

Daily	6 a.m.-3 p.m.
Hol/Fam	7 a.m.-1 p.m.
Exr	Normal

**ENLISTED CLUB • BLDG. 2066**

Mon-Fri	6:30 a.m.-2 p.m.
Sat/Sun/Hol	Closed
Fam/Exr	Normal

**RISE & GRIND**

225-9551 • BLDG. 4330

**BREAKFAST**

Mon-Fri	6:30-10:30 a.m.
Hol	Closed

**LUNCH**

Mon-Fri	10:30 a.m.-2 p.m.
Hol	Closed

**ROUTE 16**

225-8685 • BLDG. 35

**BREAKFAST**

Mon-Fri	7-10 a.m.
Sat-Sun	7-11 a.m.
Mon-Fri	Closed 10-11 a.m.
Fam	7-11 a.m.
Exr	Normal

**LUNCH & DINNER**

Mon-Sat	11 a.m.-8 p.m.
Sun	11 a.m.-7 p.m.
Hol	Closed
Fam	11 a.m.-8 p.m.
Exr	Normal

**SAMURAI CAFÉ DINING FACILITY**

225-8870 • BLDG. 335

**MIDNIGHT**

Daily	10 p.m.-12 a.m.
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**BREAKFAST**

Mon-Fri	5:30-8 a.m.
Sat/Sun/Fam	6:30-9 a.m.

**BRUNCH**

Hol	7 a.m.-1 p.m.
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**LUNCH**

Daily	11 a.m.-1 p.m.
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**DINNER**

Daily	5-8 p.m.
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**SIP-N-PLAY**

225-6612 • BLDG. 327

Tue-Sat	11 a.m.-7:30 p.m.
Sun/Mon/Hol	Closed
Fam/Exr	Normal

**SUNRISE BAKERY**

225-8917 • BLDG. 621

Mon-Fri/Fam	6:30 a.m.-12 p.m.
Sat	7-11:30 a.m.
Sun/Hol	Closed
Exr	Normal

**TAMA GOLF COURSE****TEE HOUSE RESTAURANT**

224-3426/7777 • BLDG. 1010

Mon	Closed
Tue-Sun	6 a.m.-4:30 p.m.
BREAKFAST	6 a.m.-10:30 a.m.
LUNCH	10:30 a.m.-4:30 p.m.

Hours subject to change due to weather conditions.

For information on closures and updates, scan here:



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